## CHANGE MASTERS

## How High Achievers Know Exactly What to Do in Uncertain Times

In this dynamic, fact-filled, and entertaining program, two-time Olympian Marilyn King shows you step-by-step how to thrive in times of crisis, challenge and change.



## You will learn:

- ★ Three essential strategies for performing at your best in the midst of chaos lessons from the Olympic trials
- ★ Inspiring true stories of people, teams, and organizations who take command of change for sustainable peak performance
- ★ How to emerge as a leader in uncertain times
- ★ How tapping the power of passion can skyrocket individual, team, and organizational ability to survive, and thrive, on constant change
- ★ How to use "The Olympic Minute" to direct your life.

Programs are always customized to meet the objectives of the sponsoring organization.

## MARILYN KING

Featured in the new book, <u>Enlightened Power - How Women are Transforming the Practice of Leadership</u>, Marilyn King's influence reaches beyond sports into areas of business, leadership development and exceptional human performance. Marilyn was already a two-time Olympian when a devastating automobile accident left her unable to train physically for her third Olympic team. Using only mental training she placed second in the demanding 5-event pentathlon at the 1980 Olympic Trials.

Since then, Ms. King has become one of America's leading authorities on exceptional human performance. With over twenty-five years of extensive research into the secrets of extraordinary accomplishment in sports, business, and education, she delivers powerful, proven, and practical tools that help her audiences release the 'Olympian' within themselves. Her common sense approach, unique insights, and inspiring presence deliver lasting results (and standing ovations) wherever she speaks.

"The final votes are now in and, without question, you were not only one of the highlights of our National Conference, but rated one of the finest speakers we've ever had in our nine years of conference experience. Congratulations on another Olympian performance!"

James M. Cascino, Senior Vice President-Sales & Marketing, Institutional Financing Services

"Marilyn, you were a true partner with us and your inspirational keynote address played a significant role in providing a larger context to understand the global implications of our work at XBS."

Chris Turner, Change Strategy Team, Xerox Business Services

"What Marilyn King is doing to improve performance is a key element in "operacy" which is the skill of doing. Knowing is never enough."

Edward de Bono, Author, Lateral Thinking and Serious Creativity