



SECTION 2

OLYMPIC VALUES AND ATTRIBUTES

These 12 Olympic attributes represent skills, characteristics and values that are commonly shared by athletes who have achieved Olympic success.

For each attribute, there is a definition paragraph and an example of how an Olympic athlete represented that characteristic in their endeavor.

RECOMMENDED ACTIVITIES:

1. Read the definition and discuss that attribute.
2. Read the Olympic athlete's story and discuss.



OLYMPIC VALUES AND ATTRIBUTES

Achievement

Eric Heiden, USA, speed skating; 1980 Lake Placid Olympic Winter Games

Camaraderie

Jesse Owens, USA, track and field (long jump), and Luz Long, Germany, track and field (long jump); 1936 Berlin Olympic Games

Challenge

Michael Johnson, USA, track and field (200m, 400m); 1996 Atlanta Olympic Games

Competition

John Stephen Akhwazi, Tanzania, marathon; 1968 Mexico City Olympic Games

Fair Play

Eugenio Monti, Italy, bobsled; 1964 Innsbruck Olympic Winter Games

Feedback

Jackie Joyner Kersee, USA, track and field (pentathlon); 1988 Seoul Olympic Games

Focus

Mary Lou Retton, USA, gymnastics; 1984 Los Angeles Olympic Games

Global Unity

John Ian Wing, Australian spectator; 1956 Melbourne Olympic Games

Goal Setting

Silken Laumann, Canada, rowing; 1992 Barcelona Olympic Games

Performance

Bonnie Blair, USA, speed skating; 1988 Calgary Olympic Winter Games, 1992 Albertville Olympic Winter Games, 1994 Lillehammer Olympic Winter Games

Willpower

Dan Jansen, USA, speed skating; 1988 Calgary Olympic Winter Games, 1992 Albertville Olympic Winter Games, 1994 Lillehammer Olympic Winter Games

Work Ethic

Pablo Morales, USA, swimming; 1984 Los Angeles Olympic Games, 1992 Barcelona Olympic Games