



Thought Bubble:
I don't get down on myself or others.

Track to Success for: Leonardo



Advisors:
Coach Markel
Mr. Smith
Mrs. White



Training Partner:
Brad

Next Steps:

Learn about Olympic development
Learn about regional/state teams

Recreational soccer
Play with older/better players

Youth league/competitive soccer
Seek out good coaches

trackto
success

Obstacles

Injury
Getting cut from team
Fear of failure

Milestones Along the Way...

Play in competitive tournaments

Play:
• On high school team
• At development camps
• Year round
• For good college soccer school

High school diploma

Resources:
Equipment

Gym membership

\$ for camps/
classes

Solutions:

• Be in good shape; strength and flexibility
• Take gymnastics, diving, martial arts, dance

Cheerleaders
Mom
Dad
Uncle



• Always warm up properly; stretch everyday
• Be willing to work hard and try again

