

# AWAKEN THE OLYMPIAN IN YOU

## How Women in Business Can Use the Power of Olympian Thinking™ to Achieve the Unimaginable

*In this dynamic, fact-filled, and entertaining keynote program, two-time Olympian Marilyn King reveals how you can harness the power of body, mind and spirit to accomplish extraordinary results in your personal and professional life.*

You will learn:

- ★ The three essential traits you must have to “achieve the unimaginable” - and a 2-minute self-test to measure your progress
- ★ Inspiring stories about ordinary people who accomplish extraordinary things - and how they do it (step-by-step)
- ★ The four ways mental images impact performance - and how to direct your mind to create the results you want
- ★ Why women are natural Olympian thinkers
- ★ Why training partners and coaches are critical to your success
- ★ How to use “The Olympic Minute” to direct your life

Programs are always customized to meet the objectives of the sponsoring organization.



## MARILYN KING

Featured in the book *DreamMakers* by Michele Hunt, Marilyn King was already a two-time Olympian when she accomplished an “impossible” dream. After a devastating automobile accident left her unable to train physically, Marilyn succeeded in placing second at the 1980 Olympic Trials. Through mental practice alone, she had prepared her body, mind, and spirit for this stunning performance in the demanding 5-event pentathlon.

Since then, Ms. King has become one of America’s leading authorities on exceptional human performance. With over twenty years of extensive research into the secrets of extraordinary accomplishment in sports, business, and education, she delivers powerful, proven, and practical tools that help her audiences release the ‘Olympian’ within themselves. Her common sense approach, unique insights, and inspiring presence deliver lasting results (and standing ovations) wherever she speaks.

**“I know that this was not your first experience with Hewlett Packard, and your reputation is well deserved as both keynote and workshop presenter. Your message has been an inspiration to those who have had the fortune to be in your audience...Marilyn, I hope this experience was as gratifying to you as it was inspirational to the women who attended your workshop.”**

*Judy Allen, Hewlett Packard Regional Women’s Conference*

**“The way you tell your story and inspire each of us to do extraordinary things has propelled many of us to greater and greater levels of awareness, confidence and excitement! ...Thank you so much for doing what you do, being who you are, and taking such a profound message out into the world...the word I continue to hear to describe you, your speech and everyone’s experience with you just happens to be one of my favorite words: AWESOME!”**

*Annie Rohrbach, National Association of Professional Organizers*

**“What can I say except WOW! Your graciousness, professionalism, and inspirational message set the tone for our annual conference. Your phrase ‘Oh, yes I can’ became the mantra of choice for the remainder of the week.”**

*Linda J. McArthur, International President of Financial Women International*